

1ST EASTERN MEDITERRANEAN AND MIDDLE EAST CHIROPRACTIC FEDERATION'S CONGRESS



Mediterranean Beach Hotel, Lemesos-Cyprus

11-13 November 2011

Sponsored by



Hosted by

The Cyprus Chiropractic Association



and in Association with the WFC



WORLD FEDERATION OF CHIROPRACTIC | FÉDÉRATION MONDIALE DE CHIROPRA TIQUE | FEDERACIÓN MUNDIAL DE LA QUIROPRÁCTICA

For additional information please visit the website of
the Eastern Mediterranean and Middle East Chiropractic Federation's
www.emmechirofed.org

Timetable of Presentations and the Eastern Mediterranean and Middle East Chiropractic Federation's Meetings*

Spinal Disc Pathology - Imaging, Adjustive Techniques, and Active Rehabilitation

Margaret A. Seron, D.C. DACBR, DABCO & John K. Hyland, D.C., M.P.H. DACBR, ABCO

This program is a focused review and update on intervertebral disc pathology. Recent research helps us understand the value of conservative methods of care.

The goals of this presentation are to: ensure an expert level of disc evaluation on plain films, increase understanding of advanced imaging procedures and terminology, and establish an evidence-based approach to patient treatment and management, including active rehabilitation.

Drs. Seron and Hyland will show x-ray films, MRI and other images, discuss differential diagnoses and management options, present clinical decision points for obtaining consultations and advanced imaging, and demonstrate treatment techniques (including exercises) for the various types of spinal disc pathologies that are seen in chiropractors' offices.

Friday 11 November 2011

8:00-9:00 Executive Council Meeting of the Eastern Mediterranean and Middle East Chiropractic Federation

9:00-10:00 – Classification of Disc Pathology – Dr. Hyland

Categories of spinal disc degeneration and herniation seen on x-rays and MRIs interdisciplinary nomenclature for imaging findings

10:00-11:00 – Imaging of Intervertebral Disc Pathology – Dr. Seron

Plain film and advanced imaging evaluation of intervertebral disc spaces degeneration, infection, annular tears, herniations

11:00-11:30 – Nutritious Break

11:30-12:30 – Imaging of Intervertebral Disc Pathology – Dr. Seron - continued

13:00-14:30 Lunch

14:30-15:30 – Technique Decisions and Natural History – Dr. Hyland

Natural history of disc pathology, including nutrition and repair – which adjustments, when? Inflammation, phagocytosis and resorption, with case study and discussion

15:30-16:30 – Active Rehab Procedures for Disc Herniations – Dr. Hyland

Functional exercises for disc conditions (including hands-on experience) physical activity and core spino-pelvic stability exercises for prevention and wellness

16:30-17:00 – Nutritious Break

17:00-18:00 – Active Rehab Procedures for Disc Herniations – Dr. Hyland – continued

18:00-20:00 - Executive Council Business Meeting

Saturday 12 November 2011

9:00-11:00 – When to Send a Patient for Spinal Surgery - Dr. William D. Smith, Diplomate American Board of Neurological Surgery (from the American Institute of Minimal Invasive Surgery)

11:00-11:30 – Nutritious Break

11:30-13:00 – General Council Meeting of the Eastern and Middle East Chiropractic Federation

13:00-14:30 Lunch

14:30-16:30 – Diagnosis of Disc Pathology with Imaging – Dr. Seron

Clinical decision points for advanced imaging, differential diagnosis, and/or surgical referral how to identify good quality images of disc pathology and what the reports should tell you

16:30-17:00 – Nutritious Break

17:00-19:00 – Current Technique Recommendations – Dr. Hyland

Evidence-based chiropractic adjustments and techniques for disc pathology special techniques for radicular pain and nerve entrapment (including hands-on)

20:00 – Dinner

* Note that concurrent Meetings of the **International Board of Chiropractic Examiners** and the **Council of Chiropractic Education International** will take place.

